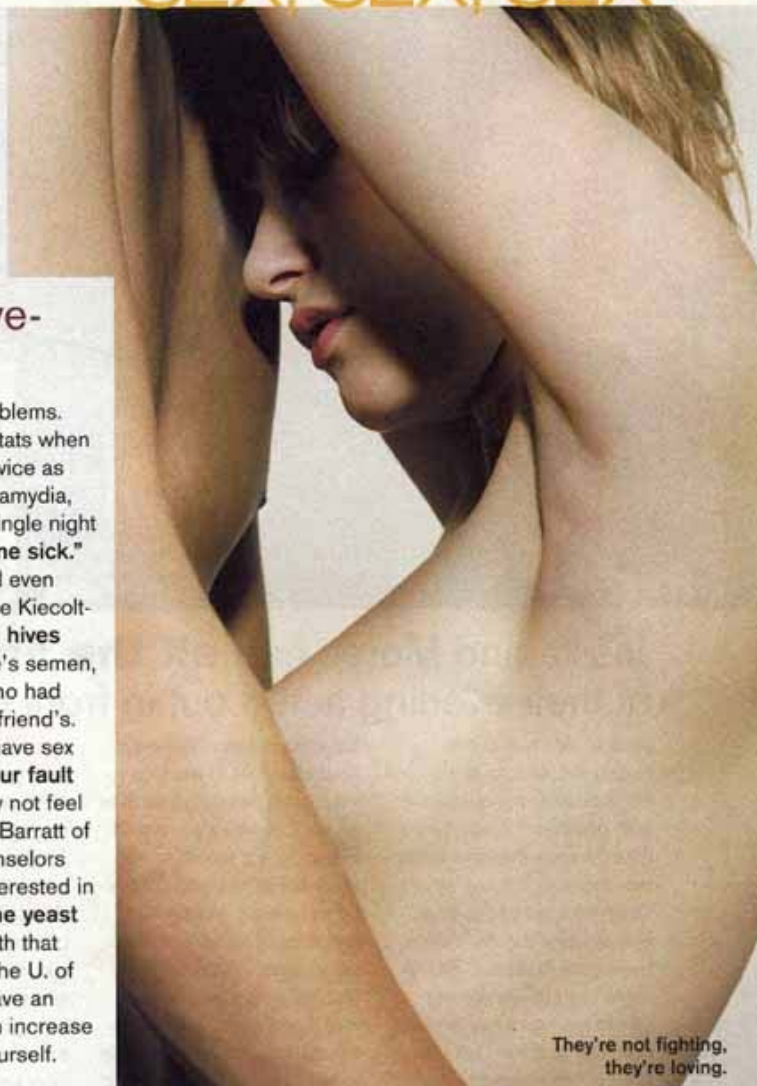


SEX, SEX, SEX ←

By Nancy Millar, who hasn't done anything wrong since 1996

Stuff to bring up in passive-aggressive fights

We fully support blaming your partner for your problems. **"That STD was totally your fault."** Pull out these stats when having a who-gave-it-to-whom fight: Women are twice as likely as men to get gonorrhea, hepatitis B and chlamydia, and four times more likely to contract HIV, from a single night of sex. So, odds are he infected you. **"You made me sick."** Stressful arguments can mess with your health and even cause wounds to heal more slowly (ew), says Janice Kiecolt-Glaser, Ph.D. at Ohio State. **"I'm breaking out in hives from you."** It's possible to be allergic to someone's semen, says Aly Cohen, M.D. She diagnosed a patient who had vaginal itching and pain with an allergy to her boyfriend's. To become desensitized, "she was supposed to have sex every 24 hours," Aly says. Lucky. **"Actually, it's your fault I kissed her."** "In a stressful relationship, you may not feel sexual the way you did before," explains Barnaby Barratt of the American Association of Sex Educators, Counselors and Therapists. "Suddenly, you might be more interested in someone other than your partner." **"Thanks for the yeast infection."** Oops, not this one. Turns out it's a myth that men pass YIs back to us through sex. A study at the U. of Michigan found that your partner doesn't really have an effect on recurrence. Weirdly, getting oral sex can increase the risk of an infection. But keep that secret to yourself.



They're not fighting, they're loving.

Looking for something to read?
Try Planned Parenthood prez
Gloria Feldt's brilliant new book,
The War on Choice.

105



"IT'S LIKE A RELIGIOUS EXPERIENCE"

The small, erogenous G-spot is so hard to locate that people think it's a myth. Dr. David Matlock, CEO of the Laser Vaginal Rejuvenation Institute, says he invented a painless collagen injection, the G-Shot, to make it bigger and more sensitive. The \$1,850 procedure lasts four months. "The orgasm was much more intense, to the point where I questioned, was I even having an orgasm before?" says Rita G., 31, a G-Shot guinea pig. Sex therapist Laura Berman, however, says the procedure is not only unnecessary, but could also be harmful. "You're injecting something into nerve tissue, which can potentially cause damage," she explains. How come there's *always* a downside?

***No free rides here!** Send us a sex tip or question—the 50 best win an Er'goPassion aphrodisiac candle. Enter at www.janemag.com or see page 39 for info.

VEGETARIAN SEX

Q: I read (in *Jane*, actually) that vegetarians have lowered levels of sex hormones. Why, and how can I fix this? —Patty, Eugene, Ore.
A: Well, vegetarians sometimes get less zinc, making it harder for your body to produce testosterone, the key hormone for desire. So start popping a multivitamin. Also, not enough protein can make your body unable to use the testosterone you do have. To fix, eat tons of tofu or nuts.