

'I PAID £5,000 FOR MY DESIGNER VAGINA'

Would you go under the knife to improve your sex life? These four women did

'I had my labia nipped and tucked'

Lisa Chase, 26, a business analyst from Hull, had a labia reduction.

'Until my operation last year, I'd always hated my vagina. When I looked in the mirror I could see my inner lips hanging down further than my outer ones, touching the inside of my thighs, and I felt like a freak. I'd even avoid the gym because I couldn't bear getting undressed and being naked in front of other, more perfectly formed women.

'Finding clothes to fit was a nightmare, too. Knickers would rub against my lips, making them sore and the seams of trousers pinched me. But sex was the biggest problem. I've been with my boyfriend since I was 15 but I always felt self-conscious when we made love. I'd engineer positions so that he'd always be behind me and couldn't see my vagina, and I'd never have oral sex because I couldn't bear him seeing me up close. We never spoke about it though. I was too ashamed to confide in anyone and I think he wanted me to believe that it didn't bother him.

'Then one day last year I was reading a magazine that said a lot of women have long labia and there's an operation to reduce the size. I cried with relief then called The Harley Medical Group straight away to book a consultation. The team at the clinic was amazing, discreet and totally reassuring. They showed me pictures of other women with the same problem and I realised how lucky I'd



been. Then I got to pick the shape of vagina I wanted from a picture. I chose the most normal, whatever that is – it was tidier than mine anyway!

'On the day of the operation my boyfriend came along to hold my hand. He freaked out when I told him what I was doing, asking: "What the hell are you thinking?" But he could see how much it meant to me and even stumped up the £3,000 for the op.

'My surgeon, Erik Scholten, used a laser to reduce the size of my labia and nipped and tucked each lip with a row of four stitches. Afterwards, it was bloody and bruised down there. My thighs were black and blue where the operation had traumatised the whole area, but it never hurt. I had to wee in the shower and wash straight afterwards to keep the area clean, bathe in salt water to speed up the healing process, and avoid any rubbing by going without knickers. I spent a lot of time in long skirts.

'My boyfriend was frustrated because we couldn't have sex for about eight weeks but it was worth the wait. I'm a lot more relaxed now and even have oral sex, which is great. And my boyfriend agrees things look a lot tidier down there. I still think one of my labia is slightly longer than the other and I'm considering more surgery to get that perfect porn star look but right now I'm happy as I am.'

'I bought back my virginity'

Rebecca Rodriguez, 33, had her hymen reinstated last year. She's a restaurant manager and lives in London

'I'm of Latin origin and my culture expects women to be virgins when they marry. But I'd had sex with one boyfriend before

I met and married my husband at 23. Although he said he didn't mind, I always regretted not sharing that special moment with the man I love.

'Then, a few years ago, I was watching a TV programme about different types of plastic surgery you can have on your vagina. When I saw that they did hymen reinstatement, I had to have the op. My husband was really against it. He hates any kind of plastic surgery and told me: "I'm more than happy with our sex life." But he could see how much it meant to me and came to my first consultation.

'At the time, we were living in California where the Laser Vaginal Rejuvenation Institute is. We met Dr Matlock, the surgeon who told us how they put a few stitches inside you where the hymen used to be. Then, when you have sex they tear and you bleed, just like when you're a virgin. As the effect only works once, I decided to have my vagina tightened at the same time, so I could have great sex every time. Believe me, I've had three children and things start to sag a little!

'I spent the next two years saving the £5,000 I needed for the op and when the day finally came, I was in and out of hospital in three hours. The pain was excruciating. I had to wear a catheter for two days to prevent infection and I felt constantly sick. Every time I moved, my vagina and stomach would contract. Compared to childbirth, I've still never felt pain like it.

'My husband was distraught seeing me in agony and he insisted we wait longer than the recommended six weeks before having sex. We waited eight and the first few times I was too sore and tight to manage it. But once I'd relaxed, we had sex and I bled. I was so excited to have 'lost my virginity' to my husband. Our sex life is amazing. I can feel my husband ►

WANT TO HAVE PERFECT PRIVATES? THEN HERE'S JUST SOME OF THE OPS YOU CAN, ER, PLUMP FOR.

Liposuction/augmentation of the pubic area, £2,500.

If your area's too bony or plump you can have it pumped up with fat or reduced, by sucking out the fat.

Hymen reinstatement, £2,400.

Gives you back the effects of having a hymen so you'll bleed when you have 'first-time' sex.

Clitoral hood removal, £2,200.

Over the years, your clitoral hood can sag,

lessening sensation in the area. Removing it will give you back sexual satisfaction.

Vaginal tightening/laser rejuvenation from £2,750.

Tightens the size of your vagina by removing skin and stitching it up.

Labia reduction from £2,500.

The inner or outer lips of your vagina are cut or lasered, making them smaller.

G-Spot amplification (not yet available in the UK), £1,000.

Bulges up that G-spot area and could give you multiple orgasms.

(Prices vary according to where you have your treatment and the amount of work needed).

◀ much more than before because I'm so tight, and he's always saying: 'I love the grip you have on me.'"

"I paid £3,000 for a tighter vagina"

Helen Thomas, 35, from Swansea is a nurse and had vaginal tightening two years ago

"Over the last 17 years, I've given birth to four children naturally. They've all taken their toll on my bits, especially the second, which tore my vagina and lips. My shape never went back to normal after that. I couldn't relax during sex and although my partner kept telling me: "You're really sexy. There's nothing wrong with you," I wasn't feeling the same sensations I had before having the kids.

"So when I found out I could have surgery to tighten up my vaginal walls, reducing the damage I'd suffered giving birth, I booked myself in for the £3,000 op. My partner gave me the money as a gift.

"The operation only took about an hour. It was a straight forward nip and tuck of all the extra skin in the area but because I'm a nurse I was prepared for the worst

when I woke up. My pubic hair was congealed with blood and I felt so bruised I couldn't sit down properly for a few weeks. I kept telling myself it would get better, that it would all be worth it.

And it is! I now feel 20 years younger down there! The tightening has put me back to the shape I was before having kids and my partner and I regularly appreciate the results. When I tell my friends how much I spent they always say: "But you could've had a face lift or a boob job for that," but for me it wasn't a cosmetic thing. I feel like the woman I was before, I feel sexy again."

"I had a multiple orgasm op"

Sally Warner, 29, is one of the first woman in the UK to have G-Spot amplification. She's a children's nanny and lives in London

"I've never had any complaints about my sex life but there's always room for improvement. So when I saw a programme called *Under The Knife* about making the most of your G-Spot, I was really interested.

"I kept thinking about the operation and what it could do to spice up my sex life. My boyfriend kept encouraging me. But

because the surgery is currently only available in LA with Dr Matlock, I knew I'd need £1,000 for the op, as well as £1,500 for flights and accommodation. Not cheap, but when I remembered the women on the programme saying: "I'm having multiple orgasms, left, right and centre," I knew the chance was too good to turn down.

"Although the op only takes ten minutes, you first have to find your G-Spot, which isn't easy! After quite a few attempts I found mine with a dildo, about two inches up on the front wall of my vagina. The surgeon then injected it with collagen, making it puff up and become more prominent. Sounds simple, but I still bled and felt sore for a couple of days afterwards.

"What a result though! All I have to do is think about sex and I can feel my G-Spot react. Even during my spinning class I can feel the bike seat pressing on it – and I have to pretend I'm just enjoying the workout! I've also had my first ever multiple orgasm and it was great.

"Seeing the collagen enlarges the area I feel tighter, so my boyfriend isn't complaining either. The only problem is that, as with all collagen implants, the effects only last four months before wearing off. But I won't hesitate hopping on that plane to LA again! **FW**



SPICE UP YOUR SEX LIFE

Dr David Matlock runs the Laser Vaginal Rejuvenation Institute in California and is the world pioneer of laser vaginal rejuvenation procedures. His latest technique is the G-Shot, or G-Spot Amplification which should be available in the UK soon. He says:

"The G-Shot procedure is all about maximising sexual pleasure for women. By injecting a fluid made up partly of collagen we can increase the G-Spot to three or four times its normal size, so it's easier to stimulate during foreplay, sex or masturbation.

"The effects last about four months and some of my patients write and tell me how something as gentle as their yoga exercises are giving them orgasms!

"We're currently training doctors around the world so hopefully it won't be long before you can get the G-Shot in the UK."

CONTACT DETAILS

If you want to find out more about laser vaginal rejuvenation visit www.drmatlock.com or call 001-310-859-9057.

For treatment in the UK call The Harley Medical Group for your nearest clinic on 0870-603-4444 or visit www.harleymedicalgroup.co.uk. You can also call Erik Scholten on 01525-403608 or visit www.plasticsurgery4u.co.uk

Words: Kerry McCarthy Photography: Zefo
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